



Speak Out and Make NOYS

Speak Out and Make NOYS is a health and safety awareness project planner that can be used to address a specific need in your community. This project manual was developed with the direction and input of youth. These youth conducted their own projects and have provided their success stories, personal advice, inspiring ideas, real-life examples, and proven techniques to give a project planning kit that is truly “teen tested and approved”.

Speak Out and Make NOYS Chapters and Resources:

1. **Success Stories**
2. **Starting a Project** – Identifying the Focus of a Project and Setting Goals
3. **Getting People Involved** – Recruiting, Working with Adults and Teens, Turning Your Group into a Team, Identifying Project Work Groups
4. **Organizing Your Project** – Project Planning, Brainstorming, Action Plans, Project Expenses and Budget
5. **Project Tools** – Monthly Calendar, Daily Planner, Running and Planning Effective Meetings, Presenting Like a Pro, Using Visual Aids, Presentation Worksheet, Working with the Media, Press Releases, Public Service Announcements, Cover Letters, Finding Funding Ideas and Options
6. **Project Resources** – NOYS Members and Web site Resources for National Organizations and Federal Government Partners, Project Registration Form and Project Report
7. **Project Organizer** – Community Needs Survey, Goal and Object Worksheets, Project Planning Worksheet, Mind Map and Action Plan, Presentation Worksheet, Media Worksheet, Media Action Plan, Meeting Planning Worksheet, Meeting Records, Contacts

Access:

Download a **FREE** copy of this program by visiting <http://noys.org/Speakout.htm>. This web page offers a download of the manual and also the accompanying video.

Partners:

- National Highway Traffic Safety Administration (www.nhtsa.gov)
- Office of Juvenile Justice and Delinquency Prevention (<http://ojjdp.ncjrs.org/>)

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